



KANSAS PRIDE PROGRAM NEWS

DEDICATED TO HELPING COMMUNITIES HELP THEMSELVES

**Builds
Community**

**Involves
Youth**

**Encourages
Participation**

**Celebrates
Uniqueness**

**Creates
Partnerships**

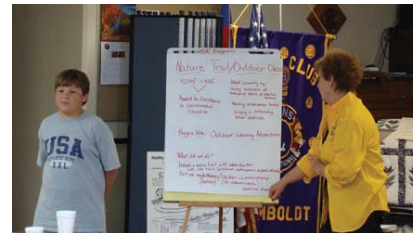
**Recognizes
Success**



Community Spotlight

Humboldt Involves Youth in Planning

Humboldt PRIDE is expanding its work in community improvement using the PRIDE Healthy Ecosystems -Healthy Communities (HEHC) program. On Oct 23, 2010, Humboldt's PRIDE group held their first public meeting to invite their community to participate in their HEHC project.



The meeting attracted Humboldt students, teachers, members of the local government and garden club and citizens interested in stabilizing the stream banks of the Neosho River and protecting habitat for local wildlife. The meeting was co-facilitated by the HEHC Coordinator, Sherry Davis, and Barbara Chalker-Anderson from the Kansas Department of Commerce Office of Rural Opportunity.

According to Sunny Shreeve and Vada Aikens, Humboldt, they had "good feedback on the meeting" and had "lots of good input" from the 33 people that attended the meeting. The group identified what they valued about living in their community and named 38 natural resource and community assets that make Humboldt a very special place to live.

Building on the citizens' appreciation of their community and the great outdoors, participants were asked to envision an award that they would like to see their community receive for their HEHC work. From river bank restoration to environmental education and a national peace treaty for all river life, this community could indeed (Wow!) see a future made brighter from their work to protect their natural resources and water quality. So stay tuned to HEHC of Kansas PRIDE-the source for natural resource and community asset protection-and we'll keep you posted on HEHC community successes!

Sponsor Spotlight

The First National Bank of Cunningham

The First National Bank of Cunningham has been a corporate sponsor of PRIDE for several years because of how instrumental the PRIDE program has been to the enhancement of the



Cunningham community. Established in 1925, The First National Bank of Cunningham remains a unit bank, meaning it has no branch banks and is not seeking to acquire any while resisting acquisition offers. The roots of this bank are deeply entrenched in the local economy, which is dominated by agriculture and agribusiness. Their goal is to live up to their slogan, "The Best in Country Banking", by providing the very best in personal service, for which there is no substitute. Now a \$28MM banking institution, the bank's 30% growth over the past two years despite economic difficulties evidences the confidence the public has in the safety and soundness of The First National Bank of Cunningham.

News You Can Use

2011 Get It - Do It! Applications are Now Available and are due February 1, 2011

Get It - Do It! begins its fourth year of supporting youth and adult partnerships to promote health. [Click here](#) for an application.

Since 2008, Get It - Do It! has provided PRIDE communities with \$3,000 grants to engage youth in local health promotion planning and project implementation. In order to successfully compete for funds in 2011, PRIDE community groups will need to:

- Work with local Extension agents and youth to prepare their applications
- Submit their applications by February 1, 2011
- Meet with Get It - Do It! staff between February 15 -25 for a pre-funding visit to their community

Applicants are also encouraged to involve schools and youth organizations (e.g, 4-H clubs, FFA, Scouts, FCCLA, recreation groups) in their applications. Selection of the 2011 Get It - Do It! communities will be announced March 1, 2011.

For more information about Get It - Do It! 2011, contact Jamie Menon in the Kansas PRIDE office at (785) 532-5840, Nadine Sigle nsigle@ksu.edu or Elaine Johannes ejohanne@ksu.edu or (785) 532-7720. Get It - Do It! is a program of Kansas PRIDE, K-State Research and Extension and the K-State School of Family Studies and Human Services.

Community Partner Awards

Every PRIDE Community has partners who have made a great difference to their projects or organizations. In 2011, you have the opportunity to

recognize one of these partners through the Community Partner Award.

The Community Partner award recognizes an individual, organization or group that has been active with and made an outstanding contribution to your local PRIDE program within the last year. Each PRIDE community that makes a nomination in this category is guaranteed to receive a community partner award. Only one nomination per community is allowed.

The Community Partner Nomination form was included in the Awards Packet you received at PRIDE or from your local extension agent. The deadline for submission of nominations is March 1. If you have questions or can not locate your packet, please contact the [PRIDE Office](#).

Reminders

Enrollment Forms

Thanks to those who have completed their enrollment forms for 2011. We realize with the late distribution of forms it was difficult to obtain signatures and return to our office by the end of the year. Please make your best effort to have enrollment forms signed and mailed to our office by the end of January. Thank you very much.

Dates to Remember

January 15 4th Quarter 2010 Report Due

February 11 Partners in PRIDE Grant Application due to Commerce

March 1 Community Partner Award Nominations and Community Capitals Project Award Applications due

February 2010
Vol. 2, Issue 2

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Community Spotlight. . .

Washington PRIDE off to a great start

Washington's newly formed PRIDE committee was started last summer. They got off to a fast start by conducting a needs assessment and determined priorities to be: enhancing the physical environment of the community; expanding the performing arts; improving youth and senior centers and creating social activities for all ages.

The PRIDE group has met on a weekly basis since their inception. Their first project was raising money for food boxes for the needy during the Christmas season. Members visited service clubs and private individuals in a concerted effort to raise monies. These efforts raised \$2,500 for the food box project. One hundred boxes were filled with basic food supplies and distributed to individuals and families who requested assistance.



Washington's PRIDE group will also participate in the PRIDE Healthy Ecosystem-Healthy Communities program (HEHC), which will give Washington's citizens opportunities to protect and build upon their natural resources.

"A community organizational and supper meeting will be held in the basement of Washington's First National Bank at 6 p.m. on Wednesday, March 2, to explain PRIDE and the HEHC program," stated Dr. Roger Baskerville, PRIDE Chairperson. Sherry Davis, Program Coordinator for HEHC, will be sharing further details of the HEHC program and what it takes to get started.

News You Can Use. . .

Making the most of your quarterly reports

Thanks to all of the communities who sent in their quarterly reports for the last quarter of the 2010 calendar year. You continue to do an amazing job of volunteering in your community. To date we've had

28 communities submit a report for a total of 9,951 volunteer hours. To translate those hours into dollars, the Independent Sector places a value of \$20.85 per hour on volunteer time. That equals a total of \$207,478.35. Wow! That is a real impact for your rural communities. Make sure you use this information as you visit with key stakeholders in your community. By multiplying your volunteer hours times the hourly rate of \$20.85 you have the volunteer contribution PRIDE has made to your community. Add this to the results of the projects and you have a great story to share.

Are they public or private dollars?

With each quarterly report, we ask that you tell us the dollars received through public and private sources. Public funds are tax based and include all money received from a unit of government, including State or Federal grants. Private funds are those dollars received from individuals, families, corporations, private foundations and most other fund raising.

For example, a community receives grant funds from their watershed district. These would be considered public dollars as the watershed is funded through federal dollars. If a community were to receive funds from a local community foundation, these would be considered private dollars as they received their funds from individuals, families or corporations.

You are probably wondering why we're asking for this information. This information is important to key stakeholders as it reflects how communities are leveraging their public dollars with private dollars to carry out successful projects.

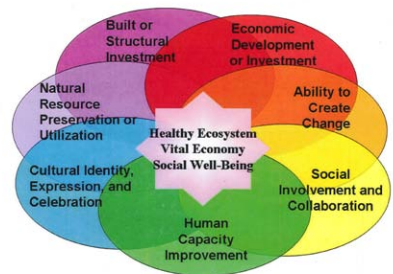
Your youth partners are important to us

The quarterly report form for 2011 has a couple of slight changes. This year we are asking you to check the projects and collaborations which include youth. We know that youth who volunteer within a community develop a greater sense of belonging resulting in increased youth retention. Tracking this information helps PRIDE measure those efforts. If you don't have the 2011 Quarterly Report form, [click here](#).

Upcoming Opportunities. . .

PRIDE Capital Project Awards

March 1 is the deadline to submit nominations for the Capital Project Awards. These awards are designed to recognize communities who



have done excellent work developing community capitals. Local PRIDE programs are encouraged to nominate a high quality project for state-level recognition which reflects their work in a community capital area. Nominations may be submitted in all seven capitals as long as you use a separate project nomination form and a different project for each capital. Projects must have been completed between July 1, 2009 and December 31, 2010. Initiation of the project may have occurred prior to July 1, 2009. [The Kansas PRIDE Awards Information and Nomination Packet](#) includes the awards criteria along with the nomination form.

Spring Workshops

Still have questions about the new PRIDE program, how to become a Community of Excellence, how to apply for a Partners in PRIDE grant or how to increase volunteer participation in your PRIDE projects? These topics will be covered in a series of spring workshops held in five locations across the state. More details are coming soon.

March 28 - Melvern, Community Center
 March 29 - Goff
 March 29 - Stafford
 April 7 - Grainfield, Opera House
 April 12 - Marion, Community Center

Dates to Remember. . .

March 1 - Capital Project Awards nominations
 March 28 - Spring Workshop, Melvern, 6:30 - 8:30 p.m.
 March 29 - Spring Workshop, Goff, 6:30 - 8:30 p.m.
 March 29 - Spring Workshop, Stafford, 6:30 - 8:30 p.m.
 April 5 - Spring Workshop, Grainfield, 6:30 - 8:30 p.m.
 April 12 - Spring Workshop, Marion, 6:30 - 8:30 p.m.
 June 4 - Day of PRIDE - Larned

1000 S.W. Jackson St., Suite 100, Topeka, KS 66612-1354

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Phone: (785) 296-3485 | TTY: 711 | E-mail: jstinson@kansascommerce.com

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News You Can Use...

Spring Workshops

"What's on the Radar? PRIDE Updates & Volunteer Forecast" is the theme of this year's spring workshops. Our short term forecast will include updates in the PRIDE program and our long range forecast will include volunteer trends, becoming a community of excellence and applying for Partners in PRIDE grants. This training is for all PRIDE communities and we encourage each community to send a delegation to participate. [Click here](#) for a list of dates and locations.

Day of PRIDE - "It Starts with Us"

Mark your calendars! The 2011 Day of PRIDE will be held on Saturday, June 4. The theme, "It Starts with Us" will allow communities to showcase how they have worked to improve the quality of life in their community. We'll be touring several PRIDE communities and experiencing first hand what it takes to have successful community development efforts. Be watching for further details. Registration brochures will be coming soon.

Community Spotlight. . .

LeonardvillePromoting Physical Activity

Through park improvements, Leonardville is creating a place where adults and children of all ages are able to increase physical activity, play together and enrich family life which will help sustain the rural community.



A three phase park improvement plan was developed with phase one, the development of a walking trail, completed in 2010. Phase two, the addition of fenced-in-kiddie equipment for ages 2-5, will be added in 2011, and phase three, equipment for youth ages 5-12, will soon follow.

With support from the city, Bayer Construction, and Riley County Parks Department, the only cost associated with the development of the trail was fuel for the skid loader and tractor. What an accomplishment!

Keeping the goal of promoting physical activity in mind, fund raising

efforts for phase two have included a softball and golf tournament.

For further details on the park project [click here](#).

Important Announcements. . .

Four PRIDE Communities Receive SCIP Grants

Congratulations are extended to Ashland, Larned, McFarland and Tampa for their success in receiving Small Community Improvement Program (SCIP) grants from the Kansas Department of Commerce (Commerce).

One of the requirements to receive funding is the communities determining what pieces of the project they can complete by themselves. The community acts as the general contractor, organizing local labor and equipment, as well as coordinating work that needs to be done by a subcontractor. The Commerce staff provides direction, technical assistance, guidance and support. The sweat equity and volunteer hours must save at least 40 percent of the project's normal marketplace cost.

The grants were awarded to these communities for the following projects:

Larned (\$125,000) - Renovations to Doerr-Vernon Park

Ashland (\$75,617) - Building a new community fitness center

McFarland (\$70,102) - Improvements and new equipment for the city park

Tampa (\$64,126) - Building a new city park

For further details on SCIP grants, visit the Kansas Department of Commerce [website](#).

Grinnell Receives BlueCHIP® Award

Three communities that differ by size and geography have one important thing in common; each has taken steps to improve the health of its residents and in the process, has earned a BlueCHIP® Award from Blue Cross and Blue Shield of Kansas (BCBSKS) and the Kansas Recreation and Park Association (KRPA). The cities of Lawrence, Hutchinson and Grinnell each received a check for \$2,500.

BlueCHIP is a community health improvement program created to recognize and reward Kansas communities who encourage and support healthy lifestyles through programs, initiatives, policies and/or community-wide events.

"These communities - Lawrence, Hutchinson and Grinnell - are all doing phenomenal work and were selected for their collaboration with a variety of organizations, their programs that are changing infrastructures and for involving community citizens of all ages," said Marlou Wegener, BCBSKS manager of community relations.

"These three communities serve as outstanding examples of what happens when individuals in a community come together to work

for a common goal; the result is the entire community reaps the benefits." To view the complete article [CLICK HERE](#).

2011 Get It! Do It! Recipients

Seven small towns have been awarded Get It - Do It! grants for 2011. The \$3,000 grants, which support youth-adult partnerships that promote community health were awarded to: Alton, Council Grove, Glasco, Grainfield, Grinnell, Mt. Hope and Smith Center. Projects range from Alton building a skate park and engaging the "White Chocolate" company of Hays, KS to establish skate events for surrounding communities to Smith Center's design and construction of a nature/fitness trail.

The towns were selected after a competitive review of proposals and site visits by K-State Research and Extension personnel. In order to be awarded the funds, each community had to demonstrate:

- active involvement and decision-making of youth
- desire to support positive youth-adult partnerships
- projects designed to address the "cornerstones" of Community Health
- Kansas PRIDE members in good standing

Additionally, local Extension agents were required to be involved in the development of the grant proposals and to participate in the community youth development projects should they be funded. Agents sharing in the awards are: Laura Marks (Morris County), Sarah Molzhan (Post Rock Dist.), Pat Gerhardt (River Valley Dist.), Sandra Wick (Smith County), Bev Dunning (Sedgwick County) and Jennifer Schoenfeld (Gove County).

Building on partnerships between PRIDE, youth organizations and local K- State Research and Extension, these communities not only get-it-and-do-it (get the money and do the project), they impact the wellness of those living in their communities moving towards not only healthy people but also healthy communities. This has a long term impact for all.

For more information about the Get It - Do It! program, contact Kansas PRIDE at (785) 532-5840 or Elaine Johannes at ejohanne@ksu.edu or (785) 532-7720.

Community Question:

What is a Resolution of Government Support?

The PRIDE Resolution of Government Support is a document that is required by the Kansas PRIDE Program. Because PRIDE is a collaborative effort between citizens and local government, we have created a "statement of intent" which reaffirms the strong working relationship between changing PRIDE volunteers and city government.

A Resolution of Government Support:

- formalizes the support of the community volunteer group by your local government
- sustains the awareness of local government to your past and future volunteer efforts
- lets your community maintain its' affiliation with the Kansas PRIDE Program

As a requirement for maintaining good standing in the annual PRIDE program, each enrolled community must submit a Resolution of Government Support at the start of each calendar year.

The Resolution of Government Support form can be found by [clicking here](#). As always, if there are any questions or concerns, please contact the PRIDE Office at PRIDE@ksu.edu or by phone at (785) 532-5840.

Dates to Remember. . .

March 28 - April 12 - Spring Workshops, various locations
June 4 - Day of PRIDE, Larned

Kansas Department of Commerce, Rural Development

1000 S.W. Jackson St., Suite 100, Topeka, KS 66612-1354

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Day of PRIDE - Community Sharing

Every PRIDE community has a story to tell about the projects they have implemented. With the change in format of Day of PRIDE (June 4, 2011) this year, community sharing will have a new look. Instead of creating a display, we would like to give you the opportunity to share a one page fact sheet about a project or projects you have completed in the past two years. Please give details and contact information so if another community would like to duplicate the effort, they know who to contact. Sharing will take place on the last leg of the bus tour and then fact sheets can be left on a table for pick-up before the evening meal. This should be a great way to share your story with less effort than creating a display. Day of PRIDE brochures will be coming your way soon.

Quarterly Reports: Reflecting Your Community Efforts

Yes, it's that time again. Quarterly reports are due April 15. This report covers the first quarter of the 2011 calendar year. This is new for 2011 since we have shifted the program year to the calendar year. This is now the FIRST quarter of 2011. Quarterly reports are collected by the state PRIDE program to document your hard work and to track the impact of the state program. We are always excited to read about what your PRIDE group has done. Your quarterly reports also help us promote your projects on the PRIDE website and on Facebook.

Reporting should include project work, investment of volunteer hours and your fundraising efforts. From your quarterly reports, the Kansas PRIDE Office is able to report the financial impact of your work. This comes through the investments of public and private donor contributions you record on the reports. In addition to local support, certain funds, such as the KSRE Get It Do It program funds, are awarded exclusively to PRIDE Communities and should also be included. Other community investments, such as Community Development Block Grants, KAN-STEP and Small Community Improvement Grants through the state of Kansas can also be reflected on quarterly reports if your PRIDE group was involved in acquiring these funds. Whether it was through the support of the application, the grant writing process itself or through surveys or gathering of information, these funds should be reflected on your quarterly reports.

It is important to remember that when you submit your quarterly report, you are reflecting the efforts of your community. You are telling the story of your community and what has happened in the last few months. Sometimes things are slow, sometimes things are hectic, but when your numbers are not reported, an accurate picture of your efforts cannot be realized by outside eyes. Opportunities to gain support might be lost. Ideas and connections concerning your community efforts might be overlooked.

Quarterly reports are more than mere numbers. They are a tool that can be used to reflect your hard work. Don't forget to record your youth involvement and project collaborators. [Click here](#) for the quarterly report form.

Thanks for Your Participation

It was great to see everyone at the spring workshops. Thanks to the host communities of Melvern, Goff, Stafford, Lucas, Grainfield and Marion. If you missed the workshop but would like to watch the presentation, "Generations: Adapting to Volunteers of Different Ages", [click here](#). If you would like further information on this topic, a great book to read is "Generations: The Challenge of a Lifetime for Your Nonprofit" written by Peter Brinckerhoff.



Healthy Yard Healthy Community Doortags

With the arrival of spring, flowers are blooming and people are working in their yards. Don't forget to take a moment to recognize those people in your community who are doing a great job keeping their yards attractive. We still have a supply of the thank you doortags which you could use to recognize those individuals. If you would like a supply, please call Jaime at (785) 532-5840 or email [Kansas PRIDE](#).

Dates to Remember

April 15th - 1st Quarter Reports Due

June 3rd - Kansas PRIDE Board Meeting, Larned

June 4th - Day of PRIDE, SW Kansas Tour, Larned

Kansas Department of Commerce, Rural Development

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"It Starts With Us" - Day of PRIDE is June 4, 2011

Registrations have been mailed and are also available online for Day of PRIDE on June 4, 2011. We will be visiting PRIDE communities in Southwest Kansas and seeing projects which have had a great impact on their communities. Early registration for Day of PRIDE is important to ensure we have adequate motor coach space available. Buses need to be reserved by May 20.



Community sharing will take place on the last leg of the bus ride. Plan to bring along 100 copies of your community success story or project to share with the others at the resource table which will be set-up at the Community Center in Larned. Stories should include the information needed to replicate the project if another community is interested.

Registration is also available online. [Click here for the registration form.](#)

Community Resource Act (CRA) Grants

Community Resource Act (CRA) grants help communities in Kansas organize their own community education programs.

The University for Man (UFM) philosophy and educational programming are models that are used by many communities to develop their own program. UFM Community Learning Center was started in 1968 in Manhattan. Based on the philosophy that everyone can learn and everyone can teach, UFM provides opportunities for lifelong learning and personal development. Community members share their knowledge, hobbies and interests as volunteer instructors for their community's educational program. Class offerings can be on a variety of topics including arts & crafts, recreation, history, earth & nature, health & wellness and much more.

This program provides state mini-grants and technical support for a uniquely Kansas approach to community development and joint learning. The program is designed to meet the educational, recreational, social and cultural needs of a community.

Eligible organizations are local non-profit organizations, institutions, service agencies or groups primarily concerned with the general welfare of the community. These groups must be organized for the purpose of establishing and operating community education programs.

The Community Resource Act (CRA) Program is administered by Kansas State

University, Division of Continuing Education, through UFM Community Learning Center. As an outreach program of UFM and the Division of Continuing Education, CRA strives to promote life-long learning throughout the state of Kansas. Grant applications are due October 15, 2011.

For more information about UFM and the CRA Program, call (785) 539-8763, e-mail [Charlene Brownson](mailto:Charlene.Brownson@ksu.edu) or visit www.tryufm.org.

Community Gardening Workshops

Community gardens help individuals, families, kids and adults come together, learn from each other and grow their own fresh produce. Three workshops are scheduled to help you learn how different community gardens are structured, how to move through the planning process to the gardening phase and how to make sure the garden can be sustainable. Representatives from local community gardens will be on hand to discuss their gardens and take your questions. We'll also tour one or two gardens in the area.

Dates and locations are as follows:

Monday, May 23 Hutchinson/Reno County Chamber of Commerce,
Hutchinson
9:30 a.m.-3:30 p.m.
Register with the Reno County Extension Office
(620) 662-2371

Tuesday, May 24 Pottorf Hall, Riley County Fairgrounds, Manhattan
9:30 a.m.-3:30 p.m.
Register with the Riley County Extension Office
(785) 537-6350

Thursday, May 26 Allen County Courthouse, Iola
9:30 a.m.-3:30 p.m.
Register with the Southwind Extension District Office
(620) 365-2242

The cost is \$10 per person and includes a resource packet. Lunch is on your own. Please register with the appropriate office by May 18 and make checks payable to Kansas 4-H Foundation. For questions, contact Evelyn Neier at (785) 410-3760 or eneier@ksu.edu.

PRIDE Partner Award

The PRIDE Partner Award is an annual recognition for a K-State Research and Extension (KSRE) Agent or Professional who has contributed significantly to the PRIDE program. This award will be presented at the Extension Annual Conference Awards Banquet in the fall. If you know of an agent, office professional or other KSRE Professional who has contributed significantly to your program, please take a few minutes to complete the nomination form. [Click here for the form](#). Nominations should be submitted by August 1.

First Quarter 2011 Statistics

Thank you to all of the communities who turned in their first quarter reports. Through your efforts, 10,941.5 hours of volunteer service was conducted in 33 PRIDE communities in the first quarter of 2011. The value of that service amounts to \$221,501.80 (according to the Independent Sector national volunteer hourly rate). What a huge impact that makes on your communities. And just think, the first quarter of the year is generally a slower quarter. Thank you for your hard

work and please be sure to share this story with your key stakeholders.

Dates to Remember. . .

May 20	Registration Deadline for Day of PRIDE
June 4	Day of PRIDE
July 15	Second Quarter Reports due to State PRIDE Office
August 1	PRIDE Partner Nomination forms due
August 12	Partner in PRIDE Grant Applications Due

Kansas Department of Commerce, Rural Development

1000 S.W. Jackson St., Suite 100, Topeka, KS 66612-1354

Phone: (785) 296-3485 | TTY: 711 | E-mail: jstinson@kansascommerce.com

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Kansas PRIDE Communities Learn from Each Other

Day of PRIDE held June 4, 2011 in Larned was a true learning experience for both PRIDE staff and volunteers. The new format included a bus tour through four Kansas PRIDE communities along with a stop in Greensburg to learn about green energy efforts.

Participants expressed appreciation for the new venture and the opportunity to see successful projects and talk with the volunteers responsible.

Following are a few comments Day of PRIDE participants reported through their evaluations:

"I am looking forward to moving about the state next year in a similar format. A true Kansas Explorers/PRIDE Day Experience."

"Bus was excellent. PA on bus made it all useful time for presentations and discussions. Just right number of community stops. Great effort for first time out!"

"Getting outdoors on a road trip. Seeing the projects in person rather than in photos. Great networking tool and also great way to get to know more people. I never talk to as many people when sitting in workshops!"

The tour concluded with a celebratory dinner and PRIDE awards program at the Larned Community Center.

Afterwards several PRIDE communities came forward with offers to host next year's tour. To see the complete article and photos, [click here](#).



Excellence in PRIDE and Community Partner Awards Announced

This year PRIDE recognized community efforts for community improvement projects consistent with the community capitals framework.

Excellence in PRIDE Awards were awarded to communities for projects that best exemplified community improvements in these capital areas:

- Built Capital - Alton PRIDE and Potwin PRIDE
- Cultural Capital - Glasco PRIDE and Highland PRIDE
- Financial Capital - Lucas PRIDE
- Human Capital - Grinnell PRIDE
- Natural Capital - Stafford PRIDE

- Social Capital - Lenora PRIDE and Stafford PRIDE

Recipients of the Community Partner Awards, which are given to individuals or organizations in recognition of exceptional collaboration, commitment and local leadership are:

- Fred Box, nominated by Basehor PRIDE
- Adeline Bechard, nominated by Grinnell PRIDE
- Angie Murray, nominated by Larned PRIDE
- Lenora FCE Organization, nominated by Lenora PRIDE
- Bayer Construction Company, nominated by Leonardville PRIDE
- Connie Dougherty, nominated by Lucas PRIDE
- John Leeker, nominated by Park City PRIDE

To learn more about the Excellence in PRIDE and Community Partner Awardees, [click here](#).

Building Sustainable Communities Conference

PRIDE community members are invited to attend the 2011 Dialog on Sustainability: Building Sustainable Communities event on July 14 at Kansas State University. Travel scholarships are available for participants willing to take part in the "Climate and Rural Sustainability" focus group session and for communities considering the Healthy Ecosystems-Healthy Communities program.

Communities are encouraged to bring their project ideas for sustainability to the conference. Break-out sessions will offer the opportunity for citizens and civic groups to work with K-State sustainability professionals, industry representatives and college level students on project ideas in the following topic areas:

- Sustainable food systems and practices, implementing community gardens and marketing local foods;
- Green building technologies;
- Urban water and public infrastructure improvements;
- Re-purposing public spaces;
- Community engagement and leadership;
- Developing walking and biking public transit systems; and
- Energy and water conservation technologies and practices.

For details on the event, [click here](#). To register, please call Sheree Walsh, Center for Hazardous Substance Research, Kansas State University at (785) 532-6519.

First Round Partners in PRIDE Grant Recipients Announced

Kansas PRIDE Inc. is pleased to announce that Grinnell PRIDE and Stafford PRIDE have been selected to receive a Partners in PRIDE (PIP) grant. Both grant applications focus on improving health within their communities. Grinnell is in the first phase of developing an indoor fitness center for adults and Stafford will be adding fitness equipment to their park. For further details on their projects, contact Sandy Moore in Grinnell at smmoore@st-tel.net and Jeanette Hildebrand in Stafford at kssodbuster@gmail.com.

August 12 Deadline for Partners in PRIDE (PIP) Grants

Now is the time to start working on your grant application if you plan to apply for the second round of Partners in PRIDE grants. Jeanne Stinson with the Kansas Department of Commerce is available for technical assistance. She will gladly answer questions and review your grant application. The application deadline is August 12. Contact Jeanne with any questions at (785) 296-3485 or jstinson@kansascommerce.com.

Nadine Says Goodbye

It's really hard to believe the year has flown by so quickly. Thanks so much for the opportunity to work with you through the Kansas PRIDE Program. I have thoroughly enjoyed the work and learning about your communities. Some of the projects are similar, but each community has their own unique way of conducting projects and that is what makes the program so great.

During the month of July, Dan Kahl and Jeanne Stinson will be your primary contacts. Beginning in August, Trudy Rice will be back from her sabbatical and will be assuming her previous responsibilities. I will be returning to my position as an Extension Agent in the Post Rock Extension District the end of this month. If I can ever be of assistance, please do not hesitate to contact me at nsigle@ksu.edu.

Dates to Remember

July 14 - Building Sustainable Communities Conference

July 15 - Second Quarter Reports Due

August 12 - KPI Board Meeting, Highland

August 12 - Partners in PRIDE Grant Applications due to Commerce

Kansas Department of Commerce, Rural Development

1000 S.W. Jackson St., Suite 100, Topeka, KS 66612-1354

Phone: (785) 296-3485 | TTY: 711 | E-mail: jstinson@kansascommerce.com

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KANSAS PRIDE PROGRAM NEWS

DEDICATED TO HELPING COMMUNITIES HELP THEMSELVES

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Your Communities Choice-Understanding the Current PRIDE Program Options

As we finish the first program year under a new PRIDE Program enrollment structure, there continues to be many questions about enrollment. The current PRIDE program has three enrollment options. Your PRIDE community chooses the option that best fits your situation.

As we all know, community development does not happen in one day. Some PRIDE groups have a specific project focus, while others are working across their community to plan and implement more comprehensive community improvement strategies. The PRIDE program can be utilized to support community improvement efforts at all levels.

To participate in Kansas PRIDE, your community must enroll in the program. To enroll, a PRIDE Community will annually submit a PRIDE Enrollment Form and the city government Resolution of Support to the Kansas PRIDE office. These forms will be due December 15, 2012. A community will designate one of the following enrollment options on this form. Please review the following options as you make plans to enroll in PRIDE for the 2012 program year.

Option 1 - Enroll as a PRIDE Community

Enrollment as a PRIDE Community means you have (or are establishing) an organization for community improvement. This PRIDE organization is partnered with the local government, and has a defined, on-going plan of work. PRIDE programs who might want to choose this option are:

- Newly formed PRIDE Communities that enroll during the current PRIDE program year
- PRIDE Communities in their first few years that were formed to meet a specific need and are completing that project before doing a community wide assessment process
- Any PRIDE Community that is operating from a work plan that was developed several years prior but continues to support the current scope of work based on their desired outcomes

Option 2 - Enroll as a PRIDE STAR Community

A PRIDE STAR Community is a community that already has an effective organization, and your PRIDE group is taking a leadership or active supporting role in helping the community identify and work toward community improvement goals. To enroll as a STAR Community the community must:

- Be in the process of conducting a community assessment to determine the current needs of the community OR
- Have recently conducted a community assessment to determine the needs of the community

Have, or are developing, a vision and mission statement

- Engage the entire community to establish goals
- Plan projects that are based off the assessment and are advancing the community toward their set goals

To enroll in this option in 2012, PRIDE STAR Communities will be ask to submit a Community Self-Assessment to document the above noted requirements.

Enroll as a Community of Excellence

A PRIDE Community of Excellence designation is a recognition from Kansas PRIDE for a community PRIDE program that has demonstrated an exemplary community development process through engaging their community in planned improvement.

In 2012, communities that are eligible to be designated as a Community of Excellence must:

- Have been designated a Community of Excellence in 2009 OR
- Have been enrolled as a STAR Community (option 2) in 2011 and submitted the Essay of Application for Community of Excellence to Kansas PRIDE, Inc. and received an official notice of approval as a Community of Excellence.

Eligible communities who enroll as a Community of Excellence are eligible to submit a proposal for the Partners in PRIDE grant funds. Partners in PRIDE funds are made available by Kansas PRIDE, Inc. to support community projects that are based on a comprehensive community planning process and provide for community sustainability. These are competitive funds and must be matched at the local level. Proposals are accepted for these funds twice a year.

In preparation for the 2012 enrollment year, the PRIDE office will be sending out information to each community that designates what option they enrolled in for 2011 and what needs to be done if they wish to enroll in another option in the future.

For more information on the process, do not hesitate to contact the PRIDE office at PRIDE@ksu.edu or by phone at (785) 532-5840.

If you desire personal assistance with any of the steps in this process, please contact Trudy Rice, PRIDE Program Associate, at trice@ksu.edu or (785) 766-3996.

Community Partner Feature

Every PRIDE volunteer organization knows that successful community change requires the support of collaborators. Sometimes it is an outstanding volunteer, group, business or organization - that without their support - the community efforts could not happen. The PRIDE community partner awards recognize those outstanding supporters of community improvement.



Larned PRIDE nominated Angie Murray for the Community Partner of the Year Award. Angie became aware of the PRIDE Organization while she was President of the Pawnee County Extension Council. She was very impressed with the projects completed by other communities and asked, "Why don't we have PRIDE

communities in Pawnee County?" After hearing about the program, Larned became an active PRIDE community with Angie Murray being a creative force within the Larned PRIDE group.

Angie's commitment to community started with the Community Garden project. The garden had a very successful first year with Angie contacting many to help get the garden planted. Angie connected with many in the community through her emails and PRIDE Facebook site. Her enthusiasm was contagious and many joined to help with the garden, orchard and market.

Angie is a number cruncher and after writing grants for the orchard, garden and community market, she began building a budget to fund trees, plants, equipment and market events. The Community Market days were very successful due to the events that were held in conjunction with the market. Often Angie was at the market selling produce as well as manning the event that day.

Angie has been central to PRIDE projects, including finding roller skates for community skating. The first family skate night was a tremendous success as 150 people skated or watched family skate. Angie was also involved in finding Wii's for the Senior Center and for securing the Small Community Improvement Program funding from the Department of Commerce.

Angie was raised in Pawnee County, was active in the 4-H program as a youth and currently is the accountant for High Plains Farm Credit. She and her husband Jason have 3 sons, Cameron, Christian and Creighton. The entire family has helped with each of the PRIDE projects, but Angie's energy and creativity never seems to end, so she is fully deserving of this award.

For information on other 2011 Community Partner awardees, [click here](#).

Alton Invites You to Their Summer Jubilee

Alton Summer Jubilee, Saturday, August 27

- Parade begins at 10:30 a.m.
- Fun all day with games, live music by 5 local groups and food and drinks
- BBQ at 6 p.m.
- Benefit auction (for PRIDE community projects) - tennis court at 7 p.m.
- Play "The Old Kodgers" - tennis court at 7:30 p.m.
- Street Dance sponsored by RFD#3 at 9 p.m.

Any questions call (785) 984-2341 or e-mail dcarswell@ruraltel.net

Sponsored by Alton PRIDE

Dates to Remember:

- Quarterly Reports Due October 25, 2011
- 2012 Enrollment and Resolution Forms due December 15, 2011
- Day of PRIDE (location to be determined) on June 2, 2012



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Alternative Breaks Program-Service in Rural Kansas Communities

KSU has a program in the School of Leadership Studies called the "Alternative Breaks" program. The Alternative Breaks office coordinates groups of KSU students to engage in one-day "Weekend Breaks" service projects. The project coordinators, Bethany Caldwell and Erika Williams, contacted the PRIDE office to see if there might be PRIDE communities within a 120 mile radius of Manhattan that would be interested in having a student team come for a day to help with a project. If your PRIDE community has a project and would like to participate, contact:



Erika Williams
Alternative Breaks Student Coordinator
School of Leadership Studies
Kansas State University
altbreak@ksu.edu
www.k-state.edu

Community Highlight: Tampa

Out with the Old-In with the New

Tampa PRIDE, a newly organized PRIDE community in Marion County, has organized a group of volunteers to plan and execute a number of projects in the community. When organizing just over a year ago, Tampa PRIDE identified a need to provide opportunities for people of all ages to gather in the community for fellowship and recreational opportunities to increase the health of the people of Tampa.

To date they report that they've had a busy summer which includes taking down an unsafe piece of playground equipment in the park, adding a new basketball court with adjustable goals to accommodate young adults and sponsoring a farmer's market which also provides an evening of fellowship for the community and provides sources of fresh fruits and vegetables.

In addition to these projects, the PRIDE group responded to a critical issue related to the fact that they do not have a convenience store and the café closes at 2 p.m. by sponsoring a concession stand and pop machines during these evening events.

Community Resource Act (CRA) Grant Applications Due October 15, 2011

CRA grants helps communities in Kansas organize their own community education

programs.

UFM's philosophy and educational programming are the models that are used by many communities to develop their own program. UFM Community Learning Center was started in 1968 in Manhattan. Based on the philosophy that everyone can learn and everyone can teach, UFM provides opportunities for lifelong learning and personal development. Community members share their knowledge, hobbies and interests as volunteer instructors for their community's educational program. Class offerings could be on a variety of topics including arts & crafts, recreation, history, earth & nature, health & wellness and much more.

This program provides state mini-grants and technical support for a uniquely Kansas approach to community development and joint learning. The program is designed to meet the educational, recreational, social and cultural needs of a community.

Eligible organizations are local non-profit organizations, institutions, service agencies or groups primarily concerned with the general welfare of the community which are organized for the purpose of establishing and operating community education programs.

The Community Resource Act (CRA) Program is administered by Kansas State University, Division of Continuing Education, through UFM Community Learning Center. As an outreach program of UFM and the Division of Continuing Education, CRA strives to promote life-long learning throughout the state of Kansas.

For more information about UFM and the CRA Program, call (785) 539-8763 or e-mail Charlene Brownson at cmb@ksu.edu.

Like us on FaceBook

Don't wait for the PRIDE E-News to give you updates and information on PRIDE. Keep in the know. FaceBook is a great way to keep informed on the many opportunities that may benefit our PRIDE Communities. [Click here](#) to visit our page.

Also, you can make us aware of your own PRIDE Community FaceBook page. Please send your FaceBook url to PRIDE@ksu.edu so that we can add you to our Likes. This will help us keep track of the amazing things you are doing in your communities.

Dates to Remember

CRA Grants due October 15, 2011

Quarterly Reports due October 25, 2011

2012 Enrollment and Resolution Forms due December 15, 2011

June 2, 2012 - Day of PRIDE (location to be determined)



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Washington PRIDE HEHC Program

Mill Creek, which runs around the community of Washington, offers new recreation and education opportunities for residents and visitors and could lead to new economic benefits for local businesses.



Results of the September 10 public meeting in this PRIDE community's Healthy Ecosystems-Health Communities program indicated that clean up of Mill Creek is a very high priority for Washington's citizens. Development of a natural area, with outdoor ice skating and expansion of the Mill Creek campground would add additional community capital benefits along with clean-up of this important water resource.

PRIDE Chair, Doc Baskerville, welcomed citizens to the public meeting and presented a short overview of work PRIDE members and citizens have completed to protect Washington's assets important to the survival of their community.

Communities which have healthy natural assets such as clean lakes and rivers, not only have higher property values, but have also been shown to draw more tourists, businesses and residents to their community. With recent closures of some of Washington's landmark businesses, concerned citizens are now working together to meld protection of their natural assets with new community development opportunities to add positive, sustainable impacts to Washington's future.

David Coltrain, River Valley Extension District of Washington County, has supported Washington's PRIDE team and has assisted these community leaders with organization of their PRIDE and HEHC programs to promote citizen investment and protection of water quality and other important community resources.

For additional information or copies of the results of this public meeting, please contact David Coltrain at (785) 325-2121.

Funding Opportunity

The Kansas Recreation and Parks Alliance (KRPA) has partnered with BlueCross BlueShield of Kansas to develop the BlueCHIP program. BlueCHIP is a community health improvement program created to recognize and reward Kansas communities who encourage and support healthy lifestyles through programs, initiatives, policies and/or community-wide events. BlueCHIP pays \$2,500 to selected winning communities for expanded health initiatives. PRIDE communities that are invested in community health projects are encouraged to nominate their efforts for recognition.

Applications are available [here](#), and are due November 15. Kansas PRIDE is an

informal partner with the KRPA, and we would love to have a strong showing of PRIDE community applications.

Day of PRIDE 2011

Save the date for June 2, 2012 for Day of PRIDE 2012. In the spirit of last year's bus tour, Osage County will be hosting Day of PRIDE. The awards celebration will be held at the Melvern Community Center where lunch will be served. Keep your eyes open for more details concerning Day of PRIDE 2012 in the coming months.

Forms

Enrollment forms are due December 15. There is more than one enrollment option, so please [click here](#) to check the guidelines on each option.

If you have questions, feel free to call the PRIDE office at (785) 532-5840 or [email us](#). Hard copies of the forms will be mailed to your primary contact person within the next month.

Those communities that were designated Communities of Excellence have the option of enrolling as such in 2012.

Sustainable Design Assessment Team

Are the communities in your county/district looking to enhance their long-term sustainability? The American Institute of Architects has issued a request for proposals from communities interested in obtaining services from its Sustainable Design Assessment Team (SDAT). Lawrence, Kansas has participated in this program in the past.

The SDAT program focuses on the importance of developing sustainable communities through design. The SDAT program brings together multidisciplinary teams of professionals to work with community decision-makers and stakeholders through an intensive planning process. The mission of the SDAT program is to provide technical assistance and process expertise to help communities develop a vision and framework for a sustainable future. The SDAT program provides broad assessments to help frame future policies or design solutions in the context of sustainability and help communities plan the first steps of implementation.

The Center for Communities by Design is seeking potential partner communities that can demonstrate the capacity to convene a diverse set of community leaders and stakeholders for an intensive, collaborative planning process focused on long-term sustainability. The Center is particularly focused on identifying communities that have the ability to leverage local resources and build strong partnerships for implementation of an SDAT process. Through issuance of this Application, the Center is seeking communities who desire assistance in assessing community sustainability, have identified their key issues and are in a position to build strong partnerships to plan for the future.

The final deadline to submit applications for consideration in the 2012 SDAT program is November 18, 2011.

Learn more by [clicking here](#). Applications are available [here](#).

Dates to Remember

November 15-16, 2011 - [KACF Annual Conference](#)

November 16-17, 2011 - [Rural Opportunity Conference](#)

December 15, 2011 - 2012 Enrollment and Resolution Forms due

February 15, 2012 Partner in PRIDE Applications Due

March 1, 2012 Community Capital and Community Partner Awards Due

June 2, 2012 - Day of PRIDE - Osage County, KS

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Kansas Department of Commerce, Rural Development

1000 S.W. Jackson St., Suite 100, Topeka, KS 66612-1354

Phone: (785) 296-3485 | TTY: 711 | E-mail: jstinson@kansascommerce.com

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Partners In PRIDE Announcement

Kansas PRIDE, Inc. is pleased to support the following projects that will take place in Kansas communities during the next 12 months. These are made possible by funding through donors to Kansas PRIDE, Inc. for the new Partners in PRIDE (PIP) community grant program. These projects contribute to each community's efforts to reach their long term vision. They are intended to fund efforts that will have a long term impact on the sustainability of the community.



- **\$2,000 to Wilson PRIDE** to preserve and share the history of the downtown buildings and other designated sights. Wilson Pride will build a kiosk to highlight their community Czech history, share historical info on buildings that are featured on a walking tour and also make the information available on the web. This fits with their long range plan for Wilson.
- **\$1,040 to Basehor PRIDE** for the Basehor Community Gardens project will enhance the community Natural and Social capitals. The garden project will be located in the City Park. Basehor PRIDE will coordinate the project, and will be responsible to see that there is a water line, tillage, plot markings and mulched walkways. This project will allow for beautification, healthy eating and sharing of knowledge within the Basehor community
- **\$1,000 to Highland PRIDE** to support the purchase of Main Street snowflake banners to assist in the effort to make Highland the Snowflake Capital of Kansas. Highland PRIDE has been very successful in their fundraising efforts and this will assist them in supporting their commitment to the City Council.

This round of awards is in addition to support of the communities of Grinnell and Stafford earlier this year. Those projects are nearing completion and we look forward to reporting how the funds have assisted those communities in making progress towards their long range vision for the community.

The next round of PIP grant applications will be due February 15, 2012. Communities designated as Communities of Excellence in 2009 and 2012 will be eligible to apply.

Funding for the Kansas PRIDE, Inc. Partners in PRIDE community awards are made possible by donations to the Kansas PRIDE program. If your organization would like additional information on how to sponsor one of these awards, please contact the Kansas PRIDE office or trice@ksu.edu.

Community Highlight: Larned PRIDE

The Larned PRIDE group is moving forward with natural resource planning. They have achieved many great projects, as shown by a highly successful community garden and water park - new assets for everyone's benefit.

What's next? They have received a grant from the State PRIDE Healthy Ecosystems-Healthy Communities (HEHC) program to do community natural resource planning. The HEHC program will help Larned protect its natural assets, such as local water quality, and will help the community identify new projects and activities that support sustainable use of those resources for community benefit.

Larned's first public meeting was held Oct. 27 and the turnout was amazing. Community engagement is not a problem for this community. When they received the press release, mail-out flyer and poster to promote the meeting, Jenny Amanry called Sherry Davis, the HEHC Project Coordinator, to ask: "Do we really need to use these? We put the meeting announcement up on our FaceBook page and we've already got 75-80 people coming to the meeting - anymore and we won't have room for them."

Wow! What a great start to their community effort to protect and restore Camp Pawnee along the Pawnee River. The planning team has already applied for other grants to enhance this 40 acre Boy Scout camp as a recreational resource to create new economic, health and social opportunities for the area.

This initial meeting allowed citizens to distinguish what they value about living in Larned and what their vision is for the future of their community's natural assets.

Recognize Your Partners

Successful community improvement initiatives need the financial, physical and resource support of many to sustain strong efforts, What is your PRIDE group doing to say "thank you" to the people and institutions that have been a part of your success? Kansas PRIDE Inc. will help you recognize one outstanding partner a year with a Community Partner award. See the PRIDE recognition awards for a [Community Partner Award nomination form](#).

Changing Community Demographics

A recent news article (see the Nov. 11 [New York Times](#)) explores the changing demographics of rural communities. Is your community experiencing growth due to immigration? You can check your community demographics through the [American Factfinder](#). Through this website, you can learn more about the changing demographics of your community and other communities in Kansas. As you set your 2012 PRIDE goals, consider goals for community growth or inclusivity.

Know Your Strengths

As your community PRIDE group determines whether or not to enroll as a PRIDE Star Community for 2012, consider the advantages of community assessment and planning. One primary advantage of going through an assessment and planning process is that you can identify and build on your strengths. You can also identify areas where your PRIDE group can improve. The [PRIDE Community Self-Assessment Form](#) is a helpful tool for your PRIDE group to use to identify areas of focus for continued success.

Dates to Remember:

Dec. 15, 2011 - 2012 Enrollment and Resolution Forms due

Feb. 15, 2012 - Partner in PRIDE applications due

Mar. 1, 2012 - Community Capital and Community Partner awards due

June 2, 2012 - Day of PRIDE, Osage County, KS

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